

## OVERLAKE ARTHRITIS & OSTEOPOROSIS CENTER, PLLC

1310 116<sup>th</sup> Ave NE #C Bellevue, WA 98004 Ph: 425-453-0766, ext. 4 Fax: 425-451-3560

### **BONE DENSITY SCAN INSTRUCTION PACKET**

We have you scheduled for a bone density DEXA scan.

Please wear comfortable pants that do not have any metal parts at all: no zippers, buttons, fasteners, grommets (drawstring loops), decoration, bra underwire, etc. Most zippers, even plastic ones, have a metal zipper head. If you don't own any such clothing, we can provide you with a patient gown for the exam.

You will need to skip your daily calcium supplement on the morning of the scan only. Please abstain from strongly scented personal products on the day of the exam.

**We will need you to complete this packet of paperwork and bring it with you to your appointment.**

The Advanced Beneficiary Notice, in particular, must be signed for you to have this scan performed as this is an outpatient office procedure and that it is a legal requirement for our office. If we have done a scan in the past, it is very likely that continuing to monitor your condition will be a covered procedure especially if we have you on a treatment regimen. **However, it is strongly suggested that you call your insurance company prior to your DEXA appointment to inquire if your insurance will cover your DEXA Scan and how much you will have to pay out of pocket for the said procedure. The procedure code for DEXA is 77080.**

If this paperwork has not been completed by the time your scan is due to start, the appointment with your doctor to review the result immediately may have to be rescheduled.

If you have any questions, please contact me at 425-453-0766, extension 4.

Thank You,

Sonia Moreira, M.A. for Dr. Arinola F. Dada and Dr. Kent T. Ta