

OVERLAKE ARTHRITIS & OSTEOPOROSIS CENTER, PLLC

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Health History Questionnaire

Name: \_\_\_\_\_ Date: \_\_\_\_\_

**Family History:** (list age, current health, major illnesses, and cause of death)

Mother

Sisters

Father

Brothers

Grandparents

**Habits:** (list amount and duration of use)

Smoking \_\_\_\_\_

Alcohol \_\_\_\_\_

Coffee or Tea \_\_\_\_\_

**Current Medications:** (list name, amount, and frequency of use)

1.

4.

2.

5.

3.

6.

**Allergies to Medicines:** (list medicine, type or reaction, date)

**Current Problem:**

**Past Health:**

Hospitalizations

1.

2.

3.

**Symptoms:** (list present ones first; those from the past, list with the date)

**Head:**

Headaches

Eye Problems

Dizziness Ear

Sinus

Problems

Swallowing Trouble

**Respiratory:**

Cough

Asthma

Short of Breath

Chest Pain

**Heart:**

High Blood Pressure  
Short of Breath at Night  
Rapid or Irregular Heart Beat

Heart Pain  
Edema or Fluid Retention

**Gastrointestinal:**

Indigestion  
Heartburn  
Ulcer  
Nausea  
Vomiting  
Liver Problems

Constipation  
Diarrhea Black  
Stools Blood in  
Stools  
Abdominal Pain  
Weight Loss

**Menstrual:**

Menopause  
Hysterectomy  
Hormone Use

Vaginal Infection  
Pregnancies  
Children

**Kidney:**

Infection  
Blood in Urine

Kidney Stones  
Urination at night

**Prostate:**

Infection

Tumor

**Skeletal:**

Muscle or Joint Pain  
Swelling in Joints  
Stiffness in Joints

Back Pain  
Injuries to Joints  
Joints Involved

**Nervous System:**

Muscle Weakness  
Numbness  
Loss of Coordination

Loss of Sensation  
Loss of Balance

**Emotions:**

Tenseness  
Depression

Stress Situations Now

**Skin:**

Rashes  
Itching

Skin Cancers  
Sun Sensitivity

**Metabolic:**

Thyroid Problems

Cold Sensitivity

**Circulation:**

Muscle Pain with Use

Skin Ulcers

**Other Information:**